

Noter og kilder:

## Ein lege sitt håp om ein friskare klode

Tekst av Sara Soraya Eriksen, leder for Legenes klimaaksjon. Utdrag fra boken "Vår Tid er Nå" (Res Publica 2026).

1 Ella Roberta Foundation, «Ella's life and her legacy», The Ella Roberta Foundation, [<https://www.ellaroberta.org/about-ella>].

2 World Health Organization, WHO global air quality guidelines, WHO, 2021, [<https://iris.who.int/server/api/core/bitstreams/551b515e-2a32-4e1a-a58c-cdaecd395b19/content>].

3 Barlow, P., Regulation 28: Report to Prevent Future Deaths (Ella Kissi-Debrah), London: Judiciary UK, 2021, [<https://www.judiciary.uk/wp-content/uploads/2021/04/Ella-Kissi-Debrah-2021-0113-1.pdf>]. «Air pollution was a significant contributory factor to both the induction and exacerbations of her asthma. [---] Ella's mother was not given information by health professionals about the health risks of air pollution and its potential to exacerbate asthma. If she had been given this information she would have taken steps which might have prevented Ella's death.»

4 World Health Organization, «Air pollution», WHO, [[https://www.who.int/health-topics/air-pollution#tab=tab\\_](https://www.who.int/health-topics/air-pollution#tab=tab_)].

5 Av hensyn til taushetsplikt er det gjort modifikasjonar i beskrivinga av pasientkonsultasjonane som er med i dette kapittelet.

6 Kazi, D., Katznelson, E., Liu, C. et al., «Climate Change and Cardiovascular Health: A Systematic Review», JAMA Cardiology, 9(8), 2024, s. 748–757.

7 Ziska, L., Makra, L., Harry, S. et al., «Temperature-related changes in airborne allergenic pollen abundance and seasonality across the northern hemisphere: a retrospective data analysis», The Lancet Planetary Health, 3(3), 2019, s. e124–e131.

8 Norsk helseinformatikk, «Pollenallergi», NHI, [<https://nhi.no/sykdommer/allergi/diverse/pollenallergi?page=6>].

9 Zuberbier, T. et al., «Economic burden of inadequate management of allergic diseases in the European Union: a GA(2)LEN review», Allergy, 69(10), 2014, s. 1275–1279.

10 Felleskatalogen, «Aitgry», Felleskatalogen, [<https://www.felleskatalogen.no/medisin/aitgry-stallergenes-749213?markering=0>].

11 Rødland, E. K. «En trippel global krise», Tidsskrift for Den norske legeförening, 143, 2023.

12 Xue, T., Zhu, T., Geng, G., Zhang, Q., «Association between pregnancy loss and ambient PM<sub>2.5</sub> using survey data in Africa: a longitudinal case-control study, 1998–2016», The Lancet Planetary Health, 3, 2019, s. e219–e225.

13 DeFranco, E., Moravec, W., Xu, F., Hall, E., Hossain, M., Haynes, E. et al., «Exposure to airborne particulate matter during pregnancy is associated with preterm birth: a population-based cohort study», Environmental Health, 15(6), 2016.

14 Ha, S., Hu, H., Roussos-Ross, D., Haidong, K., Roth, J., Xu, X., «The effects of air pollution on adverse birth outcomes», Environmental Research, 134, 2014, s. 198–204.

15 Li, X., Huang, S., Jiao, A., Yang, X., Yun, J., Wang, Y. et al., «Association between ambient fine particulate matter and preterm birth or term low birth weight: an updated systematic review and meta-analysis», Environmental Pollution, 227, 2017, s. 596–605.

16 Lamichhane, D. K., Leem, J. H., Lee, J. Y., Kim, H. C., «A meta-analysis of exposure to particulate matter and adverse birth outcomes», Environmental Health and Toxicology, 30, 2015.

17 Zhang, Y., Chuanhua, Y., Wang, L., «Temperature exposure during pregnancy and birth outcomes: an updated systematic review of epidemiological evidence», Environmental Pollution, 225, 2017, s. 700–712.

18 Lin, S., Lin, Z., Ou, Y., Soim, A., Shrestha, S., Lu, Y. et al., «Maternal ambient heat exposure during early pregnancy in summer and spring and congenital heart defects—a large US population-based, case-control study», Environmental International, 118, 2018, s. 211–221.

19 Zhang, W., Spero, T. L., Nolte, C. G., Garcia, V., Lin, Z., Romitti, P. et al., «Projected changes in maternal heat exposure during early pregnancy and the associated congenital heart defect burden in the United States», Journal of the American Heart Association, 8(3), 2019.

20 Chancel, L., «Global carbon inequality over 1990–2019», Nature Sustainability, 5, 2022, s. 931–938.

21 World Health Organization, The Health Argument for Climate Action, COP26 Special Report on Climate and Health, WHO, 2021,

[\[https://iris.who.int/server/api/core/bitstreams/ec426159-c2b9-436f-95bf-505918522e0d/content\]](https://iris.who.int/server/api/core/bitstreams/ec426159-c2b9-436f-95bf-505918522e0d/content).

22 Romanello, M. et al., «The 2025 report of the Lancet Countdown on health and climate change: climate change action offers a lifeline», The Lancet, 406(10521), 2025, s. 2804–2857.

23 The UN Refugee Agency, No Escape II – The Way Forward, UNHCR, [\[https://www.unhcr.org/media/no-escape-ii-way-forward\]](https://www.unhcr.org/media/no-escape-ii-way-forward).

24 United Nations High Commissioner for Refugees, No escape: On the frontlines of climate change, conflict and forced displacement, UNHCR, 2024.

25 International Organization for Migration (IOM), Mixed Migration Centre (MMC), Office of the United Nations High Commissioner for Refugees (UNHCR), On This Journey, No One Cares if You Live or Die: Abuse, Protection and Justice along Routes between East and West Africa and Africa's Mediterranean Coast, vol. 2, IOM, MMC, UNHCR, Geneva, 2024.

26 Parkprescriptions, «Why Nature?», Parkprescriptions, [\[https://www.parkprescriptions.ca/en/why-nature\]](https://www.parkprescriptions.ca/en/why-nature).

27 United Nations, «What is the Triple Planetary Crisis?», UNFCCC, [\[https://unfccc.int/blog/what-is-the-triple-planetary-crisis\]](https://unfccc.int/blog/what-is-the-triple-planetary-crisis).

28 Fugelli, P., «In Search of a Global Social Medicine», Forum for Development Studies, 1993, [\[https://www.med.uio.no/helsam/english/research/news-and-events/events/per-fugelli-lecture/documents/in-search-of-a-global-medicine-fugelli-1993.pdf\]](https://www.med.uio.no/helsam/english/research/news-and-events/events/per-fugelli-lecture/documents/in-search-of-a-global-medicine-fugelli-1993.pdf).

29 Legeforeningen, «Ethiske regler for leger», Den norske legeforening, [\[https://www.legeforeningen.no/om-oss/Styrende-dokumenter/legeforeningens-lover-og-andre-organisatoriske-regler/etiske-regler-for-leger/\]](https://www.legeforeningen.no/om-oss/Styrende-dokumenter/legeforeningens-lover-og-andre-organisatoriske-regler/etiske-regler-for-leger/).